<table>
<thead>
<tr>
<th>Module Code</th>
<th>NU1S07</th>
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<tbody>
<tr>
<td>Module Name</td>
<td>FOUNDATIONS OF NURSING</td>
</tr>
<tr>
<td>ECTS weighting</td>
<td>5</td>
</tr>
<tr>
<td>Semester/term taught</td>
<td>Michaelmas Term</td>
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<tr>
<td>Contact Hours</td>
<td>20 hours</td>
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<tr>
<td>Module Personnel</td>
<td>Module Leader: Professor Fiona Timmins</td>
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<td></td>
<td>Lecturers: Ms. Thelma Begley, Professor Fiona Timmins, Ms. Jacqueline Whelan</td>
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<tr>
<td>Learning Outcomes</td>
<td><em>Following completion of this module the student should be able to:</em></td>
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<tr>
<td></td>
<td><strong>Unit 1 Nursing and the nursing role</strong></td>
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<tr>
<td></td>
<td>• Briefly describe the development of modern nursing in Ireland, and its contribution to contemporary nursing practice.</td>
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<td>• Discuss the factors that influenced the development of the profession of nursing.</td>
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<td>• Describe some examples of the role and function of nursing within the context of professional regulation and competence requirements.</td>
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<td>• Describe some examples of the role and function of nursing within the organisation of healthcare.</td>
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<td>• Describe, using examples, how modern nursing influences contemporary health care practice.</td>
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- Describe emerging challenges related to the nurse as member of the multidisciplinary team.

**Unit 2 Nursing knowledge and practice**

- Discuss the concepts of person, health, society, environment, nursing, and related concepts, such as caring, health and altered health.

- Describe the nature of nursing knowledge

- Explain how different forms of knowledge and knowing relate to nursing practice.

- Describe the phases of the nursing process.

- Identify models of nursing that guide nursing practice.

- Describe the nursing process and care planning using the Roper, Logan and Tierney Activities of Living model of nursing.

- Discuss decision making in nursing including the advantages and disadvantages of this concept.

- Discuss the relationship of Evidence Based Practice to nursing knowledge.

**Unit 3 Legal perspectives in nursing**

- Outline the structure of the Irish legal system.

- Distinguish between common law, civil law, criminal law, and human rights law.

- Describe the legislation governing nursing in Ireland and outline its application in governing professional practice, with particular reference to the role and function of Bord Altranais agus Cnáimhseachais na hÉireann.
| Module Learning Aims | The aim of this module is to introduce the student to the nature of nursing and the role of the nurse by exploring the concepts underlying the practice of nursing. The module will also introduce the student to fundamental legal principles and to the legal framework that governs nursing practice. The module is presented in three units of study, as follows:  

*Unit 1: The Nature of Nursing*  

*Unit 2: Nursing knowledge and practice*  

*Unit 3: Legal perspectives in nursing* |
|---|---|
| Module Content | **Indicative Content**  

**Unit 1 Nursing and the nursing role (6 lectures)**  
- Brief overview of development of nursing - including the historical, political, social, cultural, economic and international factors influencing its development  
- Brief overview of the development of professional nursing in Ireland  
- Definition of professional nursing  
- Introduction to advanced and specialist nursing practice  
- The role and function of nursing within the context of a regulated profession  
- Introduction to the role and function of nursing within the healthcare setting  
- The nurse as member of the multidisciplinary team.  

**Unit 2 Nursing knowledge and practice (8 lectures)**  
- What is nursing?  
- Types of knowledge |
- Introduction to nursing models (using one example)
- The nursing process
- The Roper Logan Tierney Activities Model of Nursing
- Assessment using the RLT Model
- Care planning
- Evidence Based Practice and clinical decision making

**Unit 3 Legal perspectives in nursing (6 lectures)**

- Sources of law, structure of the Irish legal system.
- Irish legal system and common law, civil law v. criminal law.
- Constitutional law and rights, human rights law
- Legislation governing nursing (Nurses Act 1985, revised legislation 2011)
- An Bord Altranais (role and functions, fitness to practice).
- Areas of practice upon which the law impinges.

<table>
<thead>
<tr>
<th>Recommended Reading List</th>
<th>Essential Reading</th>
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Unit 2


Unit 3


Recommended Reading

Unit 1

Insight Media History of Nursing: The Early Years (2008) *Insight Media/History of Nursing: The early years*. Insight Media, Norwalk, CT.


**Unit 3**


*Additional readings may be provided for individual lectures, as appropriate.*

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<tr>
<th>Assessment Details</th>
<th>Mode of Assessment: Assignment</th>
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<tr>
<td></td>
<td>Assessment Details: Patchwork assessment</td>
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<td>Assessment Date: Week 16 (to be confirmed)</td>
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