Trinity Spirituality Research and Innovation Group (SRIG)
Trinity 8th International Spirituality in Healthcare Conference
Thursday 6 June 2024 – virtual event

The Spiritual Imperative in Healthcare:
Perspectives on Interdisciplinary Approaches to Nurturing Resilience

Conference Programme

09.00  Opens to delegates: music by Kerry-Anne Timmins, first-year nursing student, Adelaide School of Nursing, Trinity College Dublin

09.05  Welcome
Prof Jacqueline Whelan: Chair of SRIG, TCD School of Nursing and Midwifery
Prof Fintan Sheerin: Head of the TCD School of Nursing and Midwifery

09.20  Mindfulness meditation
Prof Kathleen Neenan: SRIG, TCD School of Nursing and Midwifery

09.25  Opening address:
Prof Melanie Rogers: Professor of Advanced Practice and Spirituality, University of Huddersfield

09.40-10.30 Stress and the defiant power of the human spirit
Dr Stephen J. Costello: Director of the Viktor Frankl Institute of Ireland
Chair: Prof Jacqueline Whelan. This session will include a live Q&A

10.30-11.20 Contemplative spiritual approaches to resilience in the context of healthcare
Dr Pádraic Hurley: South East Technological University
Chair: Prof Paul Keenan. This session will include a live Q&A.

11.20  Music played by Kerry-Anne Timmins, followed by a short break

11.45-12.30 Awakening resilience: the role of self-care, personal awareness & mindfulness in personal health empowerment
Dr Austen El-Osta: Director of Faculty of Medicine, School of Public Health, Imperial College, London
Chair: Prof Kathleen Neenan. This session will include a live Q&A.

12.30-13.15  Lunch

13.15-14.10 Spirituality of caring and maintaining compassion in the encounter with human suffering within healthcare
Dr Dominic O. Vachon M.Div., Ph.D.: John G. Sheedy M.D. Director of the Ruth M. Hillebrand Center for Compassionate Care in Medicine in the College of Science at the University of Notre Dame
Chair: Prof Jacqueline Whelan. This session will include a live Q&A
14.10-15.00  Harnessing our moral resilience to meet moral adversity  
**Prof Cynda Hylton Rushton**: Anne and George L. Bunting Professor of Clinical Ethics, Johns Hopkins Berman Institute of Bioethics / Johns Hopkins School of Nursing  
**Chair**: Prof Jacqueline Whelan. This session will include a live Q&A.

15.00  Song by Alan Leech, tenor and third-year nursing student, Trinity College Dublin, followed by a short break

15.15-16.00  Hope in the dark: connection, compassion and high-quality care  
**Prof Michael West CBE**: Visiting Fellow, Kings Fund / Professor of Work and Organisational Psychology, Lancaster University  
**Chair**: Prof Jacqueline Whelan. This session will include a live Q&A.

16.00-17.00  Cultivating wellbeing in our lives and communities  
**Prof Mary Jo Kreitzer**: Founder and Director of the Earl E. Bakken Center for Spirituality & Healing, University of Minnesota  
**Chair**: Prof Kathleen Neenan. This session will include a live Q&A.

17.00  Closing address  
**Prof Jacqueline Whelan**: Chair of SRIG, TCD School of Nursing and Midwifery