Module Name: Psychological Themes for Nurses
Module Code: NU2S05
ECTS: 5
No. of Hours: Lectures 15, Tutorials 5
Term: Michaelmas and Hilary
Assessment Date: Weeks 37-38
Module Leader: Dr Jan M.A. de Vries
Lecturers: Dr Jan M.A. de Vries

Aims

Building on the knowledge and skills students developed in ‘Introduction to Psychology’ in first year, this module will provide the students with a further elaboration on themes in psychology relevant to nursing in all disciplines. In comparison with the Introduction to Psychology in first year this module delves deeper into psychology and is more specific in its applications.

Learning Outcomes

Following completion of this module the student should be able to:

- describe, review, and critically evaluate concepts, principles, theories, and research in areas of psychology most relevant to nursing, and apply these to inform and develop nursing practice
- discuss the relationship between psychology and nursing, and communicate understanding of this relationship and its application
- describe and use psychological skills (such as listening skills, showing empathy, effective responses to anger, crisis and conflict, and stress management) in the classroom setting and recognize how they can be integrated in clinical practice

Indicative Content

- the role of psychology in the different nursing disciplines
- aspects of life-span development
- theories of love and marriage
- aspects of health psychology, such as health and illness cognitions and behaviours,
- psychological theory applied to different types of illness (acute and chronic)
- the placebo effect
- psychological interventions applied to the different nursing disciplines
- stress, coping and stress management,
- trauma and trauma interventions
- psychology of pain
- psychology of disability
Teaching and Learning Activities

- Lectures
- Allocated readings
- Group work

Student Effort Hours

- 100

Assessment

Mode of Assessment: Multiple Choice Questions (MCQ)

Assessment Details:
- 50 Multiple Choice Questions
- Examination 100%
- 2 hrs

Reading List

Essential Reading

Journal articles on relevant topics (to be assigned)


Recommended Reading


