Module Name: Introduction to General Nursing 1  
Module Code: NU1G01  
ECTS: 5  
No. of Hours: 20  
Term: Michaelmas  
Assessment Date: Week 16  
Module Leader: Dr Naomi Elliott  
Lecturers: Frances O’Brien, Dr Naomi Elliott

Aims

The aim of this module is to introduce the student to the principles and practice of general nursing. The focus is to provide the student with the necessary knowledge in order to participate in the delivery of care in the general practice setting. The module is presented in three units of study as follows:

Learning Outcomes

Following completion of this module the student should be able to:

Unit 1: Nursing Care I
- outline the principles of assessment of cardiovascular and respiratory function, and apply the principles of assessment, care planning and evaluation of care in relation to the observation and recording of vital signs,
- describe the nursing care of patients with alterations in temperature control,

Unit 2: Nursing Care II
- outline the principles of assessment of nutritional and elimination needs and apply the principles of assessment, care planning and evaluation of care in relation to meeting an individual’s nutritional and elimination needs, and outline and identify the nursing care of patients with altered hydration and nutrition,

Unit 3: Hygiene and infection control
- identify the principles of personal and environmental hygiene, including hospital hygiene
- discuss the role and responsibilities of the nurse in relation to infection control.

Indicative Content

Unit 1: Nursing Care I: CVS, respiratory function & thermoregulation (9 hours)
- Principles of recording blood pressure
- Nurse’s role in the assessment of respiratory function. The principles of recording respiration
• Principles of peak flow measurement, oxygen saturation, nebulisers
• Principles of assessment & nursing care of the breathless patient
• Principles of oxygen therapy
• Thermoregulation and AL regulating body temperature
• Principles of nursing care for patient with hypothermia
• Principles of nursing care for patient with pyrexia

Unit 2: Nursing Care II: Hydration, nutrition and elimination (8 hours)
• AL eating and drinking - importance of nutrition and hydration
• Nutritional assessment
• Principles of altered nutrition & hydration,
• Principles of assessment & nursing care of patients with hypovolaemia,
• Principles of assessment & nursing care of patients with hypervolaemia,
• Principles of assessment & nursing care of patients with nausea & vomiting, maintaining fluid balance
• AL elimination -principles of patient assessment in relation to micturition & urinalysis
• AL elimination- principles of patient assessment in relation to bowel care.
• Nursing care in relation to altered elimination: constipation & diarrhoea

Unit 3: Hygiene and infection control (3 hours)
• Introduction to infection control
• Principles of preventing hospital acquired infections, breaking the chain of infection and role of nurse
• Principles of infection control- Handwashing

Teaching and Learning Activities
• Lectures
• Directed learning

Student Effort Hours
• 100

Assessment

Mode of Assessment: Multiple Choice Questions (MCQ)

Assessment Details: 1 Hour Examination
25 Questions

Reading List

Essential Reading


*Additional readings will be provided for individual lectures, as appropriate.