Master in Science (Mental Health)
Ten reasons to study in the School of Nursing and Midwifery at Trinity College Dublin

- Study at Ireland’s top university, one of the top ranked universities in the world
- Learn from the best: TCD’s School of Nursing and Midwifery has been ranked 36th in the world and 1st in Ireland by QS World University Rankings by Subject
- Interdisciplinary learning in cutting edge innovation and research in healthcare
- Small classes with individual attention and support from dynamic, world-class academics
- A diverse, international student community a university steeped in 400 years of Irish history
- 165 student associations, societies and sports clubs to join
- Earn your Masters in Science degree in one year
- Experience life in Dublin, an historic, vibrant and student-friendly capital city
- Opportunity to continue at Trinity and pursue a Ph.D.
- Live in another country, experience another culture, reconnect with family and friends
School of Nursing & Midwifery

The School is the largest School of Nursing and Midwifery in Ireland with over 80 academic staff and over 200 postgraduate and research students. The School provides a rich environment for postgraduate students with access to staff from a range of professional backgrounds. Academic staff are energetic and innovative healthcare practitioners, teachers and researchers with established strengths in the prevention and management of chronic illness, woman and child health, and promoting equality for marginalised groups.

The School of Nursing and Midwifery is the leading School in Ireland for national and international nursing, midwifery and healthcare research with the highest number of Ph.D. students in Ireland. In addition, the School been awarded over €7.6million in competitive research funding from 23 national and international funding bodies over the last five years.
Introduction to the programme

The aim of this inter-disciplinary programme is to provide an opportunity for students to develop a sound academic base to their practice and to critically explore and critique mental health service provision. This programme endeavors to provide those who wish to apply for senior positions with the skills necessary for advancing knowledge, initiating and encouraging innovation, and leading and developing their practice, thus enabling them to achieve their highest potential in both their academic and professional lives.

Programme structure and delivery

This fulltime taught M.Sc. in Mental Health is a one year theory programme comprising of six modules and a dissertation. Lectures usually start in mid September each year and the course runs for one calendar year.

Small classes facilitate the opportunity for students to engage in interactive lectures, discussions and debate. Focusing on the development of critical analysis, reflection, research and presentation skills helps students advance their knowledge of practice and research applied to their area of healthcare. We are also increasingly using blended learning methods, with the introduction of more online teaching. This allows for greater flexablity. Students form small study groups to provide mutual peer support and arenas for discussion and debate. Students can attend our annual interdisciplinary research conference, regular research days, seminars, data analysis clinics and learn about the latest research and practice developments from international and national experts.
### Programme Content

The programme includes six modules all with 10 ECTS weightings. Students must also complete a Dissertation which has an ECTS weighting of 30 credits. In order to be awarded the M.Sc. in Mental Health students must successfully complete 90 ECTS. Assessment consists of written assignments and online activities.

<table>
<thead>
<tr>
<th>Module Code</th>
<th>Module</th>
<th>Credit (ECTs)</th>
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<tbody>
<tr>
<td>NU7412</td>
<td>Deconstructing Theoretical Perspectives on Human Distress</td>
<td>10</td>
</tr>
<tr>
<td>NU7410</td>
<td>Advancing Therapeutic Engagement Skills</td>
<td>10</td>
</tr>
<tr>
<td>NU7013</td>
<td>Theory and Practice of Enquiry Methods for Healthcare</td>
<td>10</td>
</tr>
<tr>
<td>NU7005</td>
<td>Ethics and Law in healthcare</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>* Plus two of the following modules</td>
<td></td>
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<tr>
<td>NU7413</td>
<td>Interface Between Mental Health and Criminal Justice</td>
<td>10</td>
</tr>
<tr>
<td>NU7406</td>
<td>Suicide, Suicidal Behaviour and Self-harm</td>
<td>10</td>
</tr>
<tr>
<td>NU7415</td>
<td>Promoting Equality, Citizenship and Social Inclusion for users of Mental Health Services</td>
<td>10</td>
</tr>
<tr>
<td>NU8007</td>
<td>Dissertation</td>
<td>30</td>
</tr>
</tbody>
</table>

**Clinical observation and research internship programme - optional add on**

Students can spend a further 2-6 weeks participating as a research assistant on one of the many research projects that are being conducted by academic members of staff within the school. A list of project opportunities and role descriptions will be available upon application for the programme, which is exclusively designed and open only to our Non-EU MSc students.
Student Life

Student life at TCD

Life in TCD can be as exciting and as enriching as you wish (or have time) to make it. Participating in one or several of the clubs, societies, volunteer groups or other social activities is an integral part of the TCD experience. Going to a new university isn’t just about studying or work. It’s also about living in a new and exciting city and for international students it’s about exploring a new country and culture. For more information on student life in TCD see: www.tcdlife.ie

The International Student Society is one of TCD’s most active societies which organises social nights, talks, presentations, movies and trips to explore Dublin and Ireland. The Graduate Students Union is dedicated to supporting postgraduate student interests while in the university. It provides an opportunity to meet other postgraduate students from different Faculties, to help students exchange information on accommodation, research, and study skills. It organises events including parties, receptions and trips throughout the year. For more see: http://tcdgsu.ie/ and https://tcdglobal.wordpress.com

Student accommodation

The University offers a limited amount of off campus accommodation to postgraduate students. Students can apply to be accommodated at Trinity Hall situated in Dartry, approximately 4 kilometres (2.5 miles) or the Binary Hub situated on Thomas street, approximately 2 Kilometres (1.3 miles) away from the city centre and easily accessible from the University by bus and tram. For those students who are unable to secure, or do not wish to live in College managed accommodation, the alternative is to look for private rental accommodation. Further details can be obtained from the Global Room TCDglobalroom@tcd.ie

Student support services

The College Health Service provides on-campus primary health care for students. Student consultations are free of charge with modest fees for additional services. The University provides a wide range of services to support students during their period in TCD including a free and confidential student counselling service, a careers advisory service and a disability service. For more see: www.tcd.ie/students

The Global Room provides a space for International students to socialise. It is run by the Global Room Manager and their team of Student ambassadors who are there to answer any question and offer additional support to our international students. TCDglobalroom@tcd.ie

The international team provide information on entry requirements, application processes, fees, cost of living, visas and immigration regulations. It runs an orientation programme at the start of the academic year to introduce new international students to the university services and campus. For more see: www.tcd.ie/study/

Career opportunities

Students who successfully complete all requirements of the programme will be awarded an M.Sc. by the University of Dublin, Trinity College. Our graduates are employed as clinical practitioners, leaders, managers and policy makers in healthcare and hold senior positions in healthcare and professional organisations. For those who want to advance their practice, the M.Sc. provides for the development of research and critical analysis skills that are essential to a Ph.D. programme.
Cost of living in Ireland – based on 2016-17

The following average figures represent approximate living costs for one academic year and depend on a student’s lifestyle and living standards. They exclude items such as holidays, travel to and from Ireland, laundry, clothes and toiletries.

<table>
<thead>
<tr>
<th>Item</th>
<th>Euro</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent</td>
<td>7,200</td>
</tr>
<tr>
<td>Utilities</td>
<td>600</td>
</tr>
<tr>
<td>Food</td>
<td>3,600</td>
</tr>
<tr>
<td>Books</td>
<td>1000</td>
</tr>
<tr>
<td>Commuting</td>
<td>860</td>
</tr>
<tr>
<td>Total</td>
<td>13,260</td>
</tr>
</tbody>
</table>

English language requirements

All applicants whose first language is not English and who have not been educated through the medium of English must present one of the following qualifications in the English language:

- IELTS: Grade 6.5
- TOEFL: 230-computer based, 570 paper based
- Cambridge Certificate of Advanced English: Grade C
- Cambridge Certificate of Proficiency in English: Grade C

How to apply

All applications for taught postgraduate courses at TCD must be made online through: http://www.tcd.ie/courses/postgraduate/

Fees

Non-EU 1 year fulltime fee is €19,383 (Academic Year 2017-18)

No fee for Clinical Observation and Internship

Entry requirements

International applicants must:

- Must have been working in mental health/mental illness field prior to commencement of the course, and
- Normally hold an honours degree in a relevant discipline
- Or otherwise satisfy the course committee that they have the ability to complete and benefit from the course.
- Meet language requirements for applicants whose first language is not English
Contact

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Useful links

Study at Trinity:
www.tcd.ie/study/non-eu/

School of Nursing and Midwifery:
www.nursing-midwifery.tcd.ie/